bliss

Issue 13.14 | September 2023

\$3.00

Minimalist makeup, sophisticated vibes, and understated elegance. Minimum effort, maximum satisfaction

cto chic

## feel good essentials

Weekly comedy keeping you in anticipation and excitement throughout the daily grind

## curated charm

Bite-size features including travel, food and fabulous mantras to live by

# AMUSE BOUCHE MINI MAG

FOR THOSE WHO LOVE DIFFERENT.

# BLISS

# verb:

1.to reach a state of perfect happiness, oblivious of everything else

## noun:

- 1. perfect happiness
- an 'amuse bouche' mini mag inspired by solo traveling and the sounds, the scents and the sophistication along the way...

bliss





Wilder





Ciao, my little noodle...**BLISS** No.13 is here! Wow, can you believe we've been on 13 dates now and still going strong LOL?!

As you know now, we LOVE fun, authenticity and doing things differently around here. A little spontaneity, yip, a little unpredictability, heck yeah, and a whole lot of QUIRKY!

Our resident superstars...

**Dear Coco** is the advice queen and bonkers at the best of times. Catch up with Coco (page eight) where she tackles husbands who, let's just say, will take a lot more care when coming home after one too many drinks! We love this one!

And...

**LEMON, LOVE**, our own mini movie set in Italy, features the adorable **Lana Leigh** from NYC (page twelve). If you love Bridget Jones, you will LOVE Lana! Love interest not so much the charming Mr Darcy, but a flirty, sexy green-eyed god by the name of Gianni! Will she ever want to go back to NYC? We think not! Can't wait to find out!

OK, my little pumpkin! Off to joosh things up for our date next week! Woohoo!

Kissy Kissy K

B bold, B beauty, B bliss



# ABOUT BLISS MINI MAGAZINE

Welcome to **Issue 13** of **BLISS**, an 'amuse bouche' mini mag to savor as a delish, weekly pick-me-up.

About BLISS? We are not about diet fads, gym bunnies or that anti ageing lark. We leave that to the others ;) We are, however about fun, fun and fun. Enough said, my little noodle!

It is our commitment here at BLISS to provide the funniest, and most delightful content. And have a jolly good time in the process!





## In this week's issue

Along with weekly appearances from **Dear Coco**, and **Lemon, Love**, and, because we LOVE to be different, this week is a tribute to AQUA GREEN ;). Yip, that special hue synonymous with exotic travel. This is one of our favourite ones yet! Happy Aufumn from Team Bliss X

# THE BEAUTY BUBBLE

One of the things I love doing on my solo travel trails is creating homemade beauty treatments that pack a punch. Natural ingredients have always proved to be the most effective. And satisfying! Best of all...what you save in money, you can always spend on gelato! ;)

(For previous homemade products, check previous BLISS publications here on the blog).

Bellissima!

This week's Beauty Bubble creation is a must and will save you space in the luggage when you don't have lotions to carry! ;) Ah, bliss! ;)

#### Method:

Mix all ingredients (page 7) in a mixing bowl. Massage onto dry hair and leave for approximately 10 minutes. Rinse with shampoo.



# BEAUTY hair mask BE.

Ingredients...

1-2 tsps of coconut oil2 tsps of olive oil1 tsps of honey1 large egg

Easy & Natural!



ear co-co

#### Dear Coco,

My husband went out drinking with his sports club buddies last week. He doesn't drink and told me he would be back at a reasonable time. It was his birthday and I was sure his buddies would take care of him. At 7am, when I woke up, he was on the sofa with the dog, ice pack under his booty and biting into a towel as if giving birth. I asked him what on earth he was doing and he told me he came home at 4am, a little dizzy and went to the bathroom without his glasses. He opened my bikini wax strips thinking it was toilet paper and I won't repeat the rest! He thinks it is my fault! The dumb f''k! Olivia, Boston

#### Ciao, my little cupcake!

Tell him you are going on vacation with the girls for the week. Oh, and take the wax strips with you! He just needs to calm down (as so does his derriere by the sounds of things!).

> Coco advice queen & jolly good egg! cococures.inc

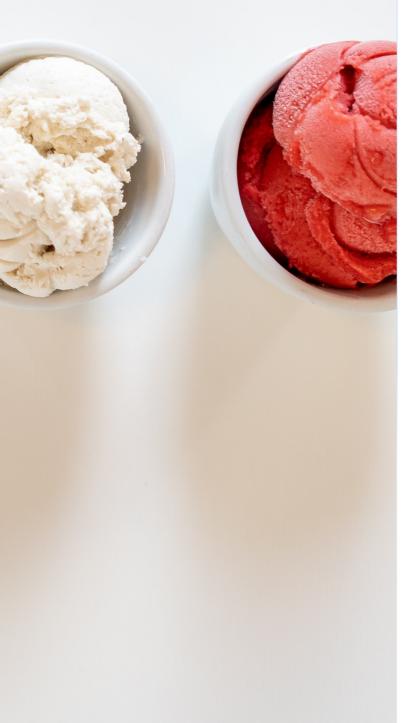


EASY LIVING

# MANTRA TO LIVE BY

I AM ON THE TRAIL OF BLISS

# GELAT O.

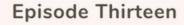


# Italian Love

BLISS IS...

THE BEAUTY OF A STORMY SKY...

# LEMON, LOVE



Apero, La Carliana...

With Lana reluctantly letting go of Gianni's abs as she descends the vespa, she sighs. Come with me, says Gianni excitedly as he takes Lana's hand and they walk into La Carliana, the most beautiful restaurant Lana has ever seen! Perched on a slope a few minutes from the centre of Positano, Lana gasps. Wow, how can this be, she giggles. Is real, laughs Gianni charmed by Lana's smile! These my good friends, says Gianni hugging the very attractive Carliana, and her husband Rosco. Ciao, Lana! Gianni told us about you, declares Carliana delighted to meet Lana. Gianni not stop smiling since, teases Rosco. OK, we go outside, signals Gianni laughing. A few minutes pass. Apero Signorina, says Gianni placing Lana's drink on the table. Leaning against Lana as he sits down, he pauses in a long and seductive glance. Salute, to us, Lana love! To us, guips Lana in a pink blush. An hour passes and Lana learns Gianni is a talented jazz singer who performs at La Carliana. With his dream to make it abroad, he travels in the winter to popular clubs. And you Lana, asks Gianni curiously, pulling her in with his green eyes and charm. Why no Mr Lana, you beautiful? None of them cook like nonna Bu, giggles Lana! I do, teases Gianni! Lana X





# Papparadiso

Ladyvette

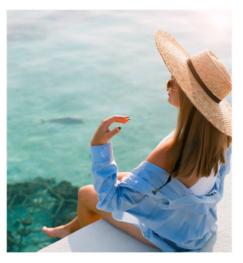


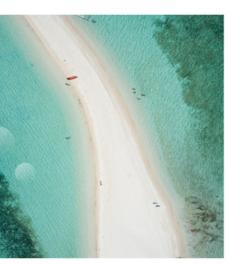
Il Pinguino Innamorato

The Blue Dolls

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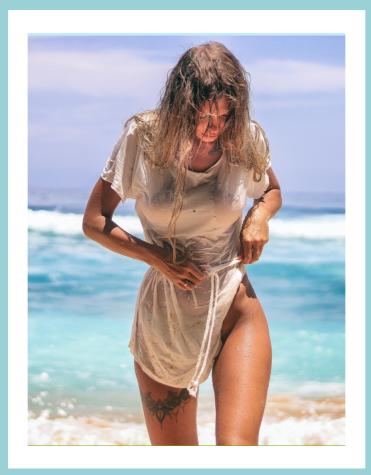












# WANDERFULLY IMAGINED...

When all is said, and all is done Take the trail that oozes fun Walk your route, dance your lane A life of bliss is yours again...

#solotravel

# a huge thank you



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Cido-



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