

bliss

Issue 10.31 | August 2023

\$3.00

cheek to chic

Minimalist makeup,
sophisticated vibes, and
understated elegance.
Minimum effort, maximum
satisfaction

feel good essentials

Weekly comedy keeping you in
anticipation and excitement
throughout the daily grind

curated charm

Bite-size features including
travel, food and fabulous
mantras to live by

AMUSE BOUCHE
MINI MAG

FOR THOSE WHO
LOVE
DIFFERENT.

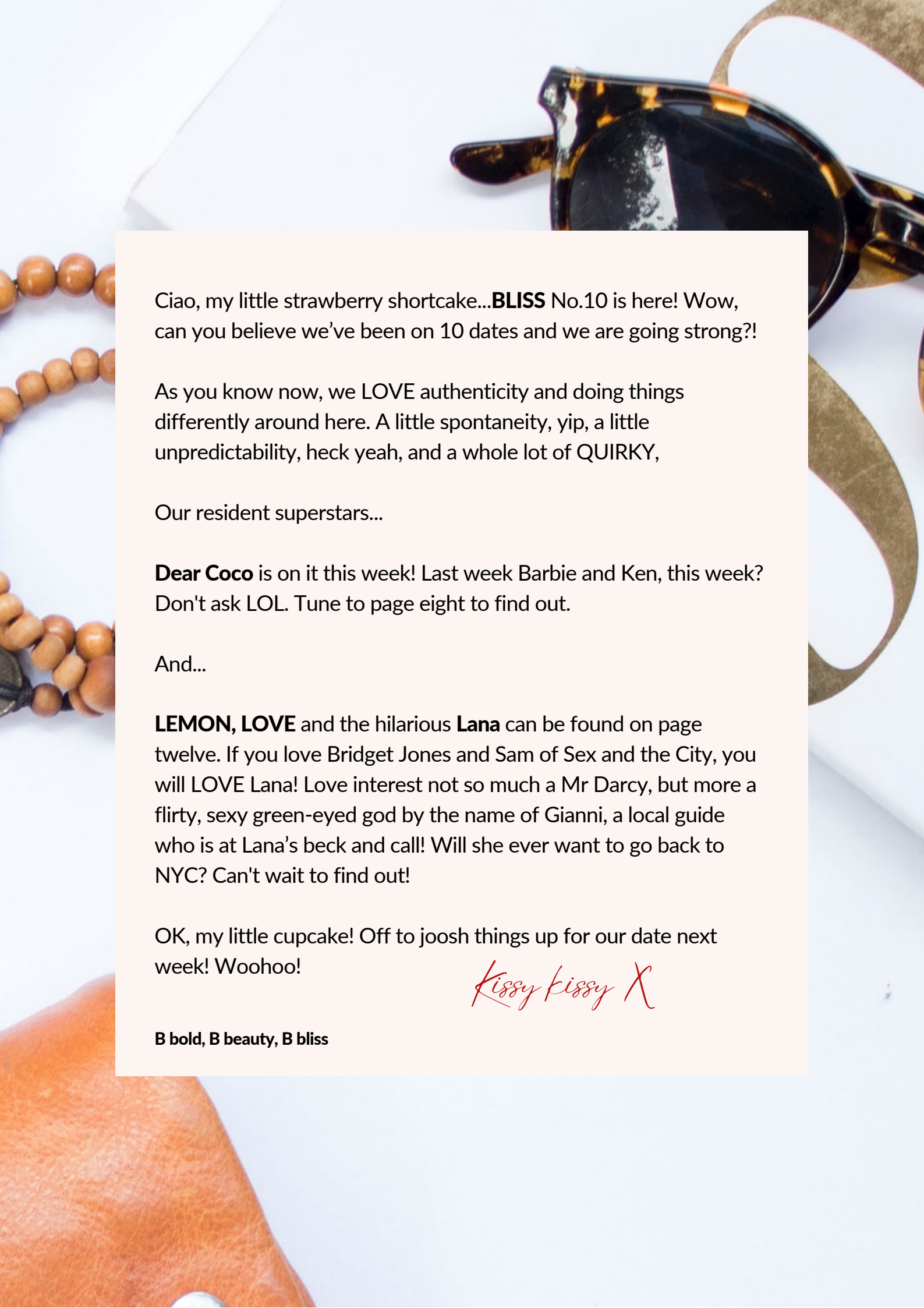
CARAMEL

Bliss



*on the trail
of*

BLISS...◆◆◆



Ciao, my little strawberry shortcake...**BLISS** No.10 is here! Wow, can you believe we've been on 10 dates and we are going strong?!

As you know now, we LOVE authenticity and doing things differently around here. A little spontaneity, yip, a little unpredictability, heck yeah, and a whole lot of QUIRKY,

Our resident superstars...

Dear Coco is on it this week! Last week Barbie and Ken, this week? Don't ask LOL. Tune to page eight to find out.

And...

LEMON, LOVE and the hilarious **Lana** can be found on page twelve. If you love Bridget Jones and Sam of Sex and the City, you will LOVE Lana! Love interest not so much a Mr Darcy, but more a flirty, sexy green-eyed god by the name of Gianni, a local guide who is at Lana's beck and call! Will she ever want to go back to NYC? Can't wait to find out!

OK, my little cupcake! Off to joosh things up for our date next week! Woohoo!

Kissy kissy X

B bold, B beauty, B bliss



ABOUT BLISS MINI MAGAZINE

Welcome to **Issue 10** of **BLISS**, an 'amuse bouche' mini mag to savor as a delish, weekly pick-me-up.

About BLISS? We are not about diet fads, gym bunnies or that anti ageing lark. We leave that to the others ;) We are, however about fun, fun and fun. Enough said, my little noodle!

It is our commitment here at BLISS to provide the funniest, and most delightful content. And have a jolly good time in the process!

K xo

Editor-in-Chief

www.wanderful.company



In this week's issue

Along with weekly appearances from **Dear Coco**, and **Lemon, Love**, and, because we LOVE to be different, this week is a tribute to PLAYFUL ;) Yes, the joy of being fun, flirty and feminine.

Ah, the BLISS! ;) X



THE BEAUTY BUBBLE

One of the things I love doing on my solo travel trails is creating homemade beauty treatments that pack a punch. Natural ingredients have always proved to be the most effective. And satisfying! Best of all...what you save in money, you can always spend of experiences! ;)

(For previous homemade products, check previous BLISS publications of BLISS here on the blog).

Bellissima!

Every now and again, I come across a product that not only is beautiful to use, but has a million uses! And it does get space in my luggage! 3 of those 'flex' buys can be found on page 7!

Ahhhhh, bliss! ;)

BLISS

BEAUTY

must haves

BE.

Favorites:

1. *e.l.f Monochromatic Multi Stick (this little beauty can be used as a blush, lipstick and eyeshadow.*
2. *Chanel Rouge Allure L'Extrait Lipstick*
3. *Maybelline Collosal Bigshot Mascara*

**Easy &
Natural!**



dear coco

Dear Coco,

I have a dream to be in the best shape of my life and look sexy. I feel inspired but each day when I wake up to go for a run, my husband talks me out of it! I love him but at times, I want to tape his mouth shut! Any advice?

Augustina. New Hampshire

Ciao, my little nougat au chocolat!

Now, hubby may well feel happy being an old sac of potatoes, but you, my little cupcake are a Chanel sac de Pommes De Terres! And you want out to play! Aside from closing your ears to Mr Not So Pollyanna, a few options to think of...1. invest in a 'Jane Fonda style' body suit (a sure way to draw attention and feel sexy), 2. buy a fluorescent rainbow headband (a sure way to draw even more attention and make you feel VERY seen), 3. double up on the spanx (a sure way to draw attention with a capital A, be VERY seen and not give a hoot what anyone thinks...now, that is sexy!



Coco
advice queen & jolly good egg!
cococures.inc



EASY LIVING...

MANTRA TO
LIVE BY

I LOVE BEING
LIGHT AND FREE



ITAL

Y.

Dolce
Vita

A woman with blonde, wavy hair and blue eyes is looking upwards and to the right. She is wearing a vibrant red, halter-neck dress. Her accessories include a pearl earring, a diamond bracelet, and a ring. Her right hand is raised to her hair. The background is a softly blurred interior with wooden elements.

BLISS IS . . .

KNOWING YOU
GET WHAT
YOU WANT...

LEMON, LOVE

Episode Ten

The pink house, Positano...

It is early morning at the pink house. Lana is just out of the shower and singing to her playlist. Admiring her cutesie summer house, she smiles in bliss. Well, Italian Gods, what do you have up those sleeves, she jests! I'm one very lucky Lana-lu! A whatsapp from Gianna. Breakfast outside, you sing in shower I heard! Happy me X! Walking outside giggling about her not so dulcet tones, she spots the cutest picnic basket. Still licking her lips at nonna Bu's food, she gasps...delicious homemade bread, cakes and cheese. Lana smiles knowing Gianni has gone way beyond any brief! Unpacking the basket appreciatively, she finds a map, Positano guide and Italian phrase book! Can he get any more charming, Mr Lemon Tree, quips Lana as she sips her coffee. Having unpacked her suitcase, and arranged the house with fresh flowers, Lana dresses in a bikini she bought in Naples. With Lana cleverly negotiating with her boss a week's vacation as part of the deal, she basks in 30 degree temperatures ahead of going out to explore. A whatsapp...Frankie from NYC and Lana's best friend. Hey cutie, how's Italian eye candy? You'll never guess where I was? Diego's cafe! He wants you! A lot! ;) !

Lana X



A woman in a light pink, pleated dress and bright red high-heeled shoes is walking on a cobblestone street. The background is a blurred city street with buildings and a person in the distance.

PLAYLIST

Felicita

Sophie Lauren

Zoo Be Zoo Be Zoo

Sophie Lauren

It Is A Lovely Day Today

Ella Fitzgerald

MINIMALIST

Gliss





WANDERFULLY IMAGINED...

Walk the trail, cutie, follow things bright
Find what works, keep it all light
Skip the route, sweetie, bask every day
Light on your feet, float along the way...

#solotravel

a huge thank you
for being part of

Bliss

if you love this cutie pie mini mag
as much as we do ;),
we would love your feedback at
hello@wanderful.com

ciao!



B bold, B beauty, B bliss

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