

Issue 8.17 | August 2023

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### FASHIO



She who travels light...







pout in pink...



Ciao, cutie pie...**BLISS** is back! Can you believe it?! Our 2 month birthday party! (Oh, and an excuse to be on the champers again, not that we need one LOL!)...

As you know if you have been following us, we LOVE being different around here. A little spontaneity, a little unpredictability, and a whole lot of QUIRKY. None of this 'same old, same old' lark to make you yawn.

With that being said, we love to reinvent once a month with newbies like 'Bliss Is...' and 'The Beauty Bubble'...;). Watch this space for next month's launches.

Now to our resident superstars...

**Dear Coco** is up to her usual mischief this week, spicing things up in a beer bottle of all things. Don't ask LOL. Tune to page eight to find out.

Lana at LEMON, LOVE (page twelve) is loving summer in gorgy Italy! We hear she loves Gianni's hands at the wheel! And in ways she wasn't expecting LOL. Can't wait to find out! Oh, and catch the PLAYLIST which accompanies the mini series! It is full of catchy high-vibe tunes you will LOVE!

OK, my little lambchop! Off to joosh things up. Date 9 next week! Woohoo!

Kissy Kissy X

B bold, B beauty, B bliss



# ABOUT BLISS

#### MINI MAGAZINE

Welcome to **Issue 7** of **BLISS**, an 'amuse bouche' mini mag to savor as a delish, weekly pick-me-up.

About BLISS? We are not about diet fads, gym bunnies or that anti ageing lark. We leave that to the others;) We are, however about fun, fun and fun. Enough said, my little noodle!

It is our commitment here at BLISS to provide the funniest, and most delightful content. And have a jolly good time in the process!

Editor-in-Chief

www.wanderful.company



#### In this week's issue

Along with weekly appearances from **Dear Coco**, and **Lemon, Love**, and, because we LOVE to be different, this week is a tribute to FLOWERS;) From the scent of a wild flower to the colours in petals to the dance with a honey bee. just BLISS!;) X



One of the things I love doing on my solo travel trails is creating homemade beauty treatments that pack a punch. Natural ingredients have always proved to be the most effective. And satisfying! Best of all...what you save in money, you can always spend on experiences! ;)

Bellissima!

Method: (ingredients page 7)

For this scrub, add a few drops of your favorite essential oil to create something special!

Combine brown sugar and olive oil in a bowl.

Mix well. Add more sugar to get the right consistency if required. When you are satisfied with the texture and scent, place into a container and store in the fridge ready for use.

PS One of the best body scrubs I've ever used is a brown sugar one by Caudalie.. It is very satisfying to make this one at less than a tenth of the price and just as good!

BLISS



# BODY homemade SCRUB.

Ingredients:

1/2 cup of brown sugar 1/2 cup of olive oil (or coconut oil)

A small container to store the body scrub

Easy & Natural!

# dear co-co

Dear Coco,

My husband told me he threw my favorite dress out by mistake when I was away on business. The other day, I found a piece of it in his shed...an oil rag for his lawn mower! Now, I can't even look at him without wanting to run the lawn mower over his damn eyebrows! Lisa, Boston

Ciao, my little coconut!

Ouch! Here at Coco HQ, we encourage peace. In this case, Lisaloo, time for some fun. I have 3 options...1. ask him tonight if he would like a nice chilled beer and pop a laxative in his glass, (or two if it was a designer dress)...then head out on a girls night! In fact, you may want to stay away the entire week LOL! 2. find his favorite Santa sweater he loves to wear to the office party and eject Santa...3. my strong preference, (and because we love Santa), forgive him, and tell him he can buy you a new dress...that is, if he doesn't want to wake up to two mowed eyebrows.

advice queen & jolly good egg! cococures.inc



## MANTRA TO LIVE BY

I AM
WORTHY
OF THE
BEST THIS LIFE
CAN GIVE ME

EASY LIVING...



## FEMI

# NINE.

Flow Flowers



### LEMON, LOVE



#### **Episode Eight**

Blue skies, gloriously warm afternoon, Positano...

Amused by Lana whose eyes are tightly shut, Gianni lifts her hands gently to reveal a painting...deep turquoise waters, dancing sunlight, and framed in a lemon scent. Are you kidding, pinch me, jests Lana. Si, is true, laughs Gianni. Feeling a tickle from above, Lana looks up at an old lemon tree forming a parasol over the patio. Well, hello Mr Lemon Tree, there are easier ways to become acquainted, she laughs, kissing a lemon. Wait, excuses Gianni as he walks back inside. With lemon groves nestling the house in every direction. Lana feels mesmerized by the beauty. A pop of a cork, Gianni walks out with chilled Prosecco. Cute, he says in his seductive glance. SALUTE! To make Lana happy. Oh, I am, she declares emphatically. Is this house really for me? Siii! Owner of this house is nice man, he make limoncello, explains Gianni pointing to the stunning villa behind. Is his house! OK, I give you a tour of the house. Ten minutes pass...and the last room. OK, this is bedroom. A deeply tanned Gianni impulsively bounces slowly on the corner of the bed...si, perfetto, he laughs catching Lana blush. Bounce high, sleep good, says Gianni! And I bet you bounce for Italy, gjuips Lana to herself as 50 Shades Hot Lemon race in her head...









## LIFESTYL

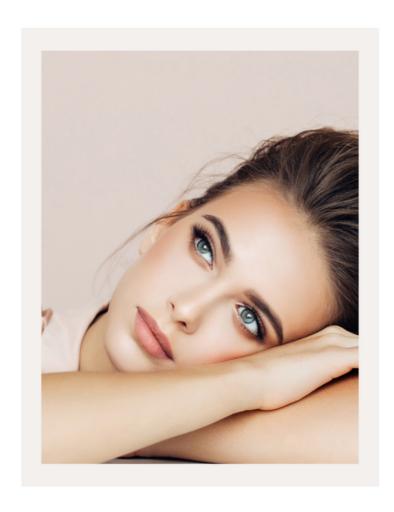


Light lust...





softly softly...



## WANDERFULLY IMAGINED...

Feel through a warm wind, Float through a rain's song, Fly high above the clouds, Land where you belong...

#solotravel





B bold, B beauty, B bliss www.wanderful.company

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hello@wanderful.company