

bliss

Issue 7.10 | August 2023

\$3.00

cheek to chic

Minimalist makeup,
sophisticated vibes, and
understated elegance.
Minimum effort, maximum
satisfaction

feel good essentials

Weekly comedy keeping you in
anticipation and excitement
throughout the daily grind

curated charm

Bite-size features including
travel, food and fabulous
mantras to live by

AMUSE BOUCHE
MINI MAG

FOR THOSE WHO
LOVE
DIFFERENT.

BLISS

BABY

FASHIO

N.

She who travels light...



to heaven in high heels...



Ciao, cutiewootie...**BLISS** No.7 is here!
Can you believe it?!

As you know by now, we LOVE doing things differently around here. A little spontaneity, a little unpredictability, and a whole lot of QUIRKY. None of this 'same old, same old' lark! Not on our watch!

It is our pleasure to share the second week of '**Bliss Is...**' and '**The Beauty Bubble...** ;))

Now to our resident superstars...

Dear Coco is up to her usual mischief this week, spicing things up in the bedroom. Don't ask LOL. Tune to page eight to find out.

And...

Lana at LEMON, LOVE (page twelve) is loving summer in gorgy Italy! Yip, BLISS HQ received a postcard. We hear she made it to Positano in the capable hands of Gianni! Yes, indeed! Will she ever want to leave Gianni and his capable hands?! LOL. We don't think so. Can't wait to find out!

OK, my little cupcake! Off to joosh things up for our date next week! Woohoo!

Kissy kissy X

B bold, B beauty, B bliss



ABOUT BLISS

MINI MAGAZINE

Welcome to **Issue 7** of **BLISS**, an 'amuse bouche' mini mag to savor as a delish, weekly pick-me-up.

About BLISS? We are not about diet fads, gym bunnies or that anti ageing lark. We leave that to the others ;) We are, however about fun, fun and fun. Enough said, my little noodle!

It is our commitment here at BLISS to provide the funniest, and most delightful content. And have a jolly good time in the process!

Editor-in-Chief

K xo

www.wanderful.company



In this week's issue

Along with weekly appearances from **Dear Coco**, and **Lemon, Love**, and, because we LOVE to be different, this week is a tribute to HIGH HEELS ;) Yes, those gravity defying marvels. We adore this one! All in the name of BLISS! ;) X

THE BEAUTY BUBBLE

One of the things I love doing on my solo travel trails is creating homemade beauty treatments that pack a punch. Natural ingredients have always proved to be the most effective. And satisfying! Best of all...what you save in money, you can always spend of experiences! ;)

Bellissima!

Method: (ingredients page 7)

For this facial mist, use 7 parts cucumber to 1 part lemon. Feel free to vary as you wish.

Grate a few large pieces of cucumber into a small bowl being careful not to add any skin.

Squeeze the soft cucumber gently with the back of a spoon extracting the juice. Pour into the spray bottle to the half way mark. Add a few spoonfuls of fresh lemon juice. Top up with mineral water and shake the bottle gently. Leave in the fridge to cool! Ahhhhh, bliss in a bottle! ;)

BLISS



FACIAL

homemade

MIST.

Ingredients:

1 small cucumber

Fresh lemon juice

Mineral water

1 small spray bottle

**Easy &
Natural!**

dear coco

Dear Coco,

Help! My love life is becoming stale and boring!
And that feeling has even extended into the
kitchen. I can't even look at a pasta shell
without yawning! I need some sparkle in my
life! What can I do? Love you, Coco!

Betty, San Francisco

Ciao, my little noodle!

Well, lets jump in! There is no such thing as
stale and boring. There is only someone
thinking stale and boring thoughts. So, enough
of that, my little Bettybee! Now, I can't promise
you an Italian hottie like Michele Morrone to
come spice things up, albeit he can cover me in
pasta shells anytime! Oopsy, am disgressing.
But I have 3 options...1. book a makeover and
get that sexy back! 2. swap the kitchen and
bedroom activities around, you'd be amazed at
what you can do with a wooden spoon, frilly
apron and a packet of Rice Crispies...3. get a
divorce, and head to Italy!

Coco

advice queen & jolly good egg!

cococures.inc





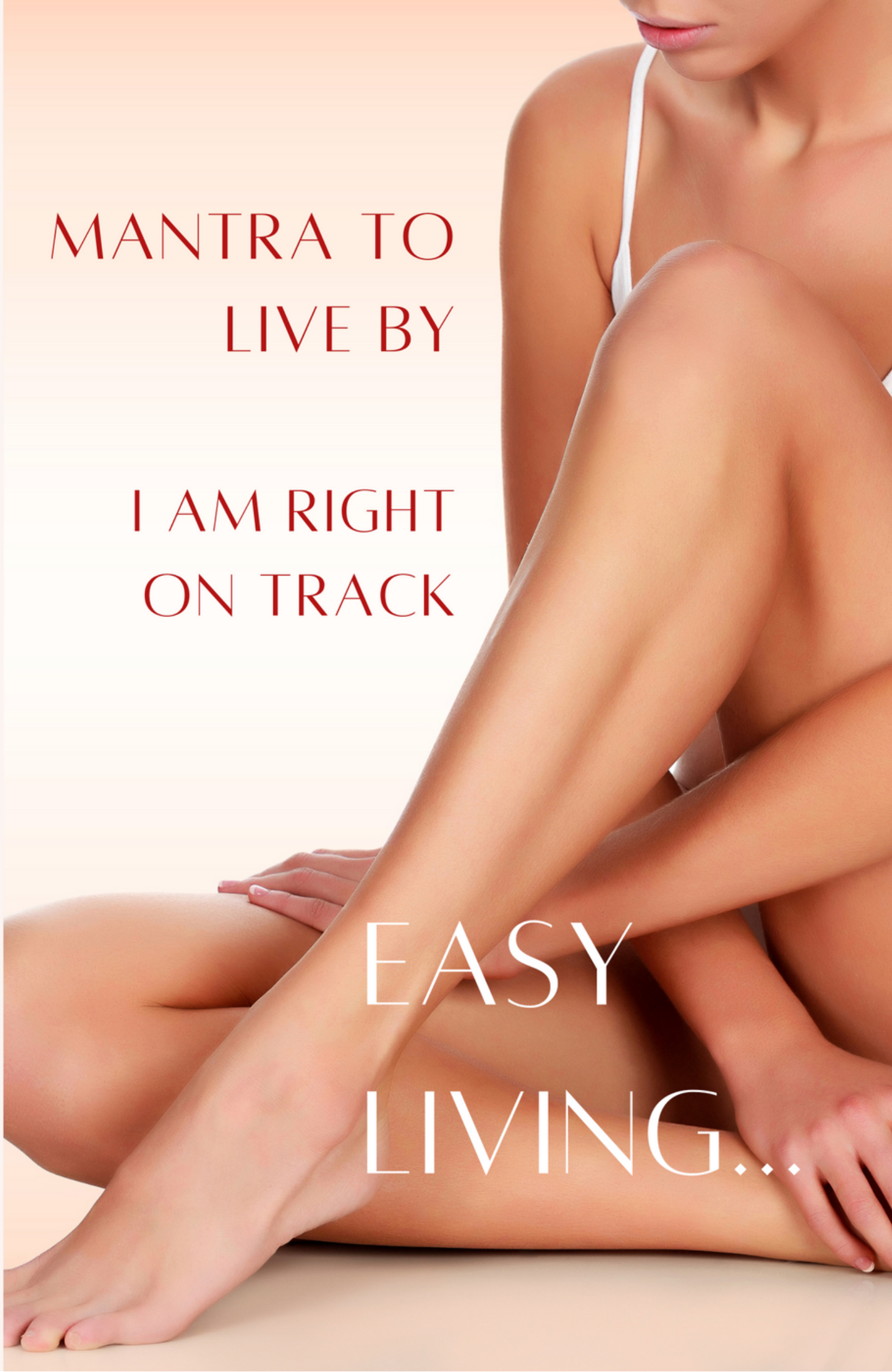
MANTRA TO
LIVE BY

I AM RIGHT
ON TRACK

EASY LIVING

ISSUE 07 | AUGUST 2023

EASY
LIVING...





SASS

Y.

Heel
High!



BLISS IS...

FEEDING THE
GODDESS INSIDE...◆◆◆

LEMON, LOVE

Episode Seven

Midday leaving Naples, on route to Positano...

Now, that's a car, Gianni, sighs Lana settling into his Ferrari classic. Si, is my love! In NYC, is stick shaft, no? he jests. Lana giggles as images fly of 50 Shades Mechanic! Oh, stick SHIFT, amore! Loving her new role as English prof, Lana proudly slides deep into the seat and basks in the warm wind. Lucky little me, she sighs waving to the Vespas whizzing by. A little while passes and suddenly a gasp...stunning Positano reveals a beauty unbeknown to Lana. Behind tinted sunglasses and a sexy smile, Gianni watches Lana's face light up in awe. Pulling into a quaint road on the edge of town, he stops in front of the prettiest pink house nestled among lemon trees. A single tear drops slowly down Lana's cheek. OK? asks Gianni curiously. All this for me? Si. I say you, I make you happy, as he wipes Lana's tear in that seductive glance of his. Let me, he insists as he opens the car door and takes her hand. With Lana bewitched by the cutest flower pots adorning every window, and which seem to scream 'ciao Lana-Lu', she pauses to fill her lungs with perfume. Wandering utterly speechless into the house, Gianni takes Lana's hand. Come...and opens little wooden shutters onto a lemon scented patio...Lana lifts her eyes...

Lana X





PLAYLIST

Mambo Italiano
Orchestra Volare

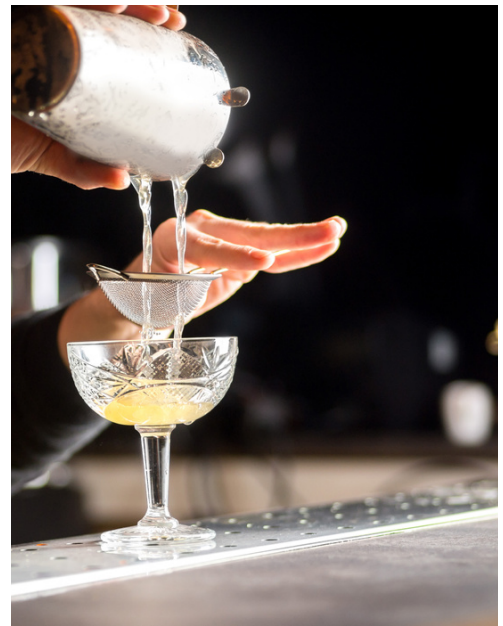
Cosa Hei Messo Nel Caffè'
Matteo Brancaleoni

Conversazione
Zerosospiro

LIFESTYL

E.

Light lust...



sprinkle sparkle...



WANDERFULLY IMAGINED...

Be as a bird, wings tall and free
Nobody to tell you, this life cannot be
Fly high and steady, expect you will win
Anything less, no more than a sin...

#solotravel

a huge thank you
for being part of

Bliss

if you love this cutie pie mini mag
as much as we do ;),
we would love your feedback at
hello@wanderful.com

Ciao!



B bold, B beauty, B bliss

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