

bliss

Issue 1.6 | July 2023

\$3.00

cheek to chic

Minimalist makeup,
sophisticated vibes, and
understated elegance.
Minimum effort, maximum
satisfaction

feel good essentials

Weekly comedy keeping you in
anticipation and excitement
throughout the daily grind

curated charm

Bite-size features including
travel, food and fabulous
mantras to live by

AMUSE BOUCHE
MINI MAG

FOR THOSE WHO
LOVE
DIFFERENT.



BLISS

non conformist,
go getting,
trail blazer...

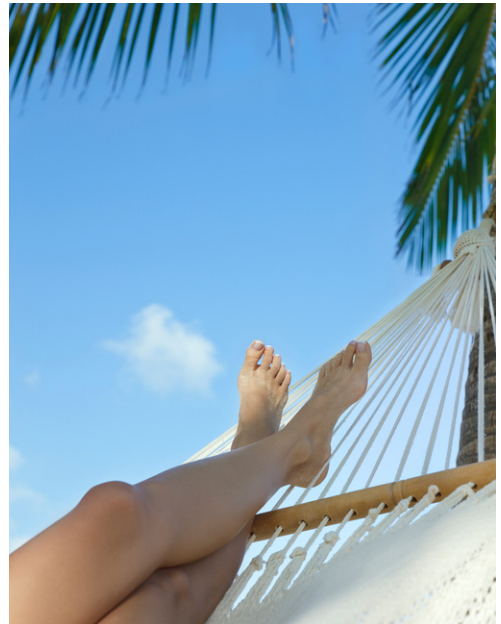
FASHIO

N.

Sultry yet chic, slow, yet racy, free yet flirty...



slow loving



slow living

Ciao, my little cutie pie, **BLISS** is back! ;)))

It has been a whole 7 days since our first date and I've been dreaming about you! Cannot wait until Thursdays come around again and we can cosy up!

If you are sharing me with your friends, and we haven't met yet, I'm an *amuse bouche* of fabulousity and come out once a week on date nights. But you can save me until the weekend. ;)

Think of me as your little macaroon (pistachio and sea salt - we don't do vanilla LOL) when you are having coffee. (I'm better looking than your cellphone and don't do diets, anti wrinkle potions or partake in paid ads!). Hallelujah! I keep my standards high and my weight low. All cosy 16 pages.

I am now 2 issues old. Or being the Peter Pan that I am, 2 issues YOUNG!!! Words matter, honey pie! I hope you love taking me out every week. I, for one, LOVE our date nights. We make the perfect couple, don't you think?! You get to chill out with a big ahhhhhhhhhhhhhhhhhh and I get to be a loveable distraction in bite size. (Anna can't do that at Vogue LOL). Love you Anna if you happen to notice me one day! ;)

Oh, and latest from the girlies....**Dear Coco** is the advice queen around here! I can't get enough of her, she sure livens things up mid week! And, gosh, how I adore **Lana Leigh**. If you ask me, Diego is just playing her but she is a smart cookie! One hot Italy, and one hot Lana makes for an interesting tira-miss-you around here. Knowing Lana, it won't just be the vespas toot tooting ;) Nonas, lock up your grandsons LOL!

Buckle up, my little bagel, more FUN on the way! I'm off to joosh things up for date No. 3. Counting down the days!

Alla prossima, as those grandsons would say...until next time!

Kissy kissy XO

B bold, B beauty, B bliss



ABOUT BLISS MINI MAGAZINE



Welcome to **Issue 2** of **BLISS**, an 'amuse bouche' mini mag to savor as a delish, weekly pick-me-up.

About BLISS? We are not about diet fads, gym bunnies or that anti ageing lark. We leave that to the others ;) We are, however about fun, fun and fun. Enough said, my little noodle!

It is our commitment here at BLISS to provide the funniest, and most delightful content. And have a jolly good time in the process!

Editor-in-Chief

www.wanderful.company



In this week's issue

Along with weekly **Dear Coco**, and **Lemon, Love**, today's BLISS is celebrating the color BLUE. Yes, BLUE...a hue synonymous with travel. Because we LOVE being different, each mini mag will have a unique theme! PS Pop to Lana's PLAYLIST! We LOVE vintage hits. ;)



HEALTHY & DELISH

One of the things I love doing on my solo travel trails is creating easy recipes that pack a punch. This recipe is YUMMY and can be made as thick as you want. For a cute look, serve the soup as an 'amuse bouche' (we LOVE those in case you couldn't tell LOL). This soup will impress friends with your culinary prowess! Buon appetito!

Method:

Chop the onion and cook on a gentle heat with a little olive oil and butter until soft. Add the peas, salt and pepper and stir continuously for about 10 minutes adding more oil if needed. Dissolve a tiny piece of stock cube in a cup of boiling water and add to the peas. Pop in some fresh mint, and a little semi skimmed/whole milk and mix well. Leave to simmer for 20 minutes. Pass the soup through a blender until smooth. Serve with freshly made croutons and decorate with a sprig of fresh mint.

BLISS



SOU

Pea + Mint

P.

Ingredients:

1 small onion

2 cups of peas

Fresh mint

1 tbsp of butter

Olive oil

1 cup of stock

Salt and pepper

A little milk or cream

Croutons optional

Serves one

**Easy & Delish
Recipe!**

dear coco

Dear Coco,

My husband never seems to listen to me when I come back from the office. It is driving me mad because when his buddy calls, he could chat non stop. Can you help, thank you?

Candy, Denver

Ciao Candywoo!

You know me, am straight shooting. Now, what are you talking about when you get home? If it's the office malarkey about who is sleeping with who, or who topped the sales charts or who came in late, he doesn't give a damn, sweetie! He can't hear you because he goes into his 'empty box', that secret compartment where a man goes in his head for PEACE. And you know something? Best place for him! That's where he resets, regroupes and comes out better than when he went in...win, win, my little noodle! Oh, don't try to go into his empty box...there is a a sign on the door which says OUT OF BOUNDS. Let him creep back out when he wants to...



Coco
advice queen & jolly good egg!
coccocures.inc





EASY LIVING

ISSUE 02 | JULY 2023

EASY LIVING...

MANTRA TO
LIVE BY

I AM
MANIFESTING
BLISS ALWAYS
AND IN ALL WAYS



OCEA

N.

Aqua
Love

TURQUOISE COVE

SEA SALT

GENTLE WAVES

TINY FISH

SUNCREAM SCENT

BASKING BEAUTY

SUN HAT

SAILING BOAT

SUNKISSED

PRETTY SUNDRESS



LEMON, LOVE

Episode Two

Lana's apartment, Manhattan...May 17th...

It's 6am on a beautiful spring morning. Lana is packing the last of her things for the work trip to Italy. Being a journalist who rarely steps out of her beloved NYC, Lana feels as useful as a pair of Jimmy Choos on an Everest expedition when it comes to this assignment. She flops onto the bed sighing. Just when I was having fun flirting with Diego! But wait a hot minute Lana, she proclaims. He hasn't even asked you on a date! Why are you waiting? This is your chance to fly. WTF, no zoom meets, no office coffee machine, no stress! You can splash pasta sauce on your white dress and not give a hoot. You can dribble gelato down your décolletage and utter scusi. You can espresso in every cafe and find a new Diego!. It's only 3 months, and besides, boss has guaranteed a promotion, even if it was to save his ass! Why not spoil you for once?! AND you get to have 3 hour lunches now!!! A little while passes, Lana is in the taxi on her way to the airport...A WhatsApp from Diego....

Dinner tonight, Lana? I meant to ask you on a date sooner but...Lana impulsively looks out of the window...she gasps...a billboard CARPE DIEM. Oh, the timing, she smiles closing her cellphone. Happy travels to SELF!





PLAYLIST

Non Dimenticar

Dean Martin

Grazie, Prego, Scusi

Dean Martin

Mambo Italiano

Dean Martin

Bliss in Blue

LIFESTYL

E.

Space and spoilt, sea and salt, blue and bold...traveling light...



surf
Hawaii



sand
St Barts



sundress
Turks and Ciacos



PRESENT PERFECT

When one soars, one flies, when one pushes, one achieves, when one calms, one eases, when one sings, one dances, when one thrives, one LIVES.

As one focuses on the present perfect that is, life reveals time and time again, the present is a gift. The present is perfect.

a huge thank you
for being part of

Bliss

if you love this cutie pie mini mag
as much as we do ;),
we would love your feedback at
hello@wanderful.com

cielo!



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